

## March Athletic Club

The Hereward Relay Sunday 25<sup>th</sup> Nov 2018

Stage Two Whittlesey to March (10.3m)

### **GENERAL INFORMATION**

You must wear your number on the front of your vest or T-shirt and it must not be obscured as you finish.

Please read race rules on website.

The race is run over different terrain, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary, with marshals at crucial junctions. All runners and supporters are asked to take care. Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police.

**PLEASE NOTE – there is a section of the course as runners approach March that is on private land and cannot be run on at any time other than the race day – runners must leave the riverbank and take a longer route via a path and the road to Fox’s Boatyard.**

NO PARKING in Manor Leisure Centre, Whittlesey. Park in town car parks and walk to Manor Leisure Centre. Please be considerate and do not block residents’ driveways. Toilets, showers and changing at the The Manor Leisure Centre.

There is a large car park at City Road March. There are also toilets and shops in the nearby town centre where refreshments are available.

### **STAGE DIRECTIONS**

Leave Manor Leisure Centre through gate in the playing field and head for the small river. Turn left when reaching the river and run alongside it with it to your right. Proceed along the riverbank and under the railway bridge.



Turn left off the river bank where signposted and proceed through industrial estate and turn right at the main road (approx 0.4 miles from the start).





Take the right turn to Ramsey at the next junction (0.64 miles). Take care on this road as it can be busy. At the first bridge (Turningtree Bridge – 0.8 miles in) turn left over stile and follow the river bank (this will be signposted) continue along river bank, over 2 more stiles to main road (approx 1.5 miles). Proceed down the road to the corner and turn left at Angle Bridge to the river bank (2.82 miles into the run) and follow the river bank to the second bridge (3.71 miles in).

Bear right onto road then take a left to farm track (4.1 miles in) and follow the track for a little over 0.5 miles – PLEASE NOTE THIS IS PRIVATE LAND AND ONLY OPEN ON THE DAY OF THE RACE - turn right onto road and take the first road on the left - Quakers Drove (you are now a little under 5 miles into the stage) . There follows a long straight run of variable terrain along Quaker’s Drove and then Hake’s Drove for approx. 2.35 miles. Once you reach the river turn left.

Continue to river bank and keeping to the riverbank only leaving it when signposted. You will be on this riverbank for approx. 2 miles. **Please note – that on any practice runs as you approach March along the riverbank you must not go through the private land as you can do on race day. Runners must leave the riverbank and go around the private land via the path and roads to reach Fox’s Boatyard.**



You will approach Fox’s boatyard, on the outskirts of March, approx. 9.3 miles into the stage and turn left off the riverbank and follow the path around the boatyard. Go under the road/bridge as instructed by the marshal. You are approx. 1 mile from the finish.

Once under the bridge ascend the steps and cross the river by the footpath over the bridge.



Turn left and continue along the river bank with the river on your left until you reach the West End Park. The stage finish and hand-over point is in the park. Please note that the route goes under the bypass. **Please do not attempt to cross over on the bypass.**

