

March Athletic Club

The MKM Hereward Relay Sunday 24th Nov 2019

Stage One Peterborough to Whittlesey (6.9m)

GENERAL INFORMATION

This Stage starts at the Peterborough Athletics track (Post Code PE1 5BW), just off Bishop's Road Peterborough and finishes at the Manor Leisure Centre, Whittlesey.

You must wear your number on the front of your vest or T-shirt and it must not be obscured as you finish.

Please read race rules on website www.marchac.co.uk

The race is run over different terrain, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary, with marshals at crucial junctions. All runners and supporters are asked to take care. Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police.

There is a public car park adjacent to the Peterborough Athletics stadium.

There will be limited parking in Manor Leisure Centre, Whittlesey (the end of this stage). There is additional parking in town car parks. Please be considerate and do not block residents' driveways. Toilets and changing at the start and at the Manor Leisure Centre **PLEASE REMOVE SHOES WHEN USING THE MANOR LEISURE CENTRE FACILITIES.**

STAGE DIRECTIONS

Start on the athletics track – run a lap of the track and then leave the stadium as marshalled.

On this leg many of the direction arrows will be sprayed on the path for you to follow until you get into the centre of Whittlesey when normal race signs will be in place.

Run from the track to the river embankment along the pathway, road and pathway again (this area will be marshalled). Once the river is reached turn left and proceed along the path keeping the river to your right. Run for approx. 2.6 miles to the Millennium bridge. When you reach the Millennium bridge cross it and continue to follow the path.



Follow the track for 0.3 miles, you will turn left then right and go over a smaller bridge, before joining the path to Whittlesey. Run for a further 1.5 miles to Stonald Road, Whittlesey. **TAKE CARE** now as you will now be running on public roads – run along Stonald Road for 0.5 miles.

Then turn Right into Low Cross. At the end of this road a marshal will direct you across the main road and into Church Street.

Follow Church Street then turn left into Briggate West – follow the tow path/track all the way to Ashline Lock and the bridge near the sports centre where a marshal on the bridge will direct you to the finish.

