

March Athletic Club

The MKM Hereward Relay Sunday 24th Nov 2019

Stage Three March to Welney (11.5m)

GENERAL INFORMATION

You must wear your number on the front of your vest or T-shirt and it must not be obscured as you finish.

Please read race rules on website.

The race is run over different terrain, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary. Marshals will guide you away from the start and through the town of March. All runners and supporters are asked to take care. Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police.

There is a large car park at City Road March. There are also toilets and shops in the nearby town centre where refreshments are available.

There must be no parking in Hurn Drove (at the end of the stage) otherwise the future of the race will be in jeopardy.

STAGE DIRECTIONS – Post Code for the start PE15 9LS

Leave West End park via the green footbridge and turn immediately right. Run for approx. half a mile along West End to the town centre – **CROSS THE MAIN ROAD WITH CARE** and proceed into Nene Parade (the Ship pub will be on your left and the river to your right).

Continue to the next green footbridge, cross the bridge and turn immediately left. Run for 3.3 miles along the river keeping it to your left – you will go under a railway bridge,



through two gates and over two styles/gates the last one being at Reed Fen Pumping station before leaving the river.

Turn right adjacent to the last wind turbine (these are on the opposite riverbank to you).





Follow the signs as you leave the riverbank turning right and then left follow the farm track proceeding towards the farm (1.5 miles away).

Immediately prior to the gate with an Oil tanker in the farm (Well End Farm) turn left onto the field edge keeping the dyke to your left.



Cross the wooden bridge (TAKE CARE WHEN STEPPING ONTO THE BRIDGE AS THERE IS A GAP BETWEEN THE PATH AND THE BRIDGE) and then follow the grass track towards the buildings in front of you. Follow the signs through the next farm, keeping it on your right, to the 16 foot river. CROSS THE ROAD (B1098) WITH CARE into Crown Road.

Take Crown Road (directly opposite the bridge) and run into the village of Christchurch for 0.85 miles until you reach the village pub. You will run passed the recreation ground (on your left) and onto a tarmac road and then pass the school (on your right). When you reach the pub go straight down Green Drove (DO NOT turn right here).

Follow Green Drove, for 1.21 miles, as it winds its way across the farm land (you will turn right, then left and finally right) before reaching the road to Welney. Turn left when you reach the road (B1100 Padgett's Road). At this point you will have run 8.6 miles.

Follow the road for approx. 2.1 miles as it winds through the countryside to the outskirts of the village of Welney.

Just before you enter the village leave the road and take the grass track as sign posted. Run along the grass track – it will turn right and right again before you get to a harder surfaced track. Run along this track until you reach the sports ground where you will find the handover point. Post Code for the finish PE14 9SD

