

March Athletic Club

Knowles Transport Hereward Relay Sunday 26th November 2023

Stage Four Welney to Ely (10.8m)

GENERAL INFORMATION

You must wear your number on the front of your hi-viz and it must not be obscured as you finish.

Please read race rules on website www.marchac.co.uk and on the Facebook page <https://www.facebook.com/groups/433988216651016>

The race is run over different terrain, so it is impossible to marshal every corner. Every effort has been made to ensure that indication arrows are in place where necessary, with marshals at all crucial junctions. All runners and supporters are asked to take care. Cross all roads with care and give way to traffic where necessary. Take notice of instructions from marshals and police.

Refreshments will be available at both the start and finish of this leg as will toilets and changing facilities.

Supporters please park in the Ely Leisure Centre (adjacent to the finish – Post Code CB6 2SH) (near Arbuckles Restaurant, MacDonalDs and KFC establishments) which is a short walk away. Limited parking is also available at the Rugby club but please DO NOT park in the Football and Golf club Car Parks free for their members.

Please note the stage will end at the Rugby Club this year NOT the football club.

STAGE DIRECTIONS – Post Code for the start is PE14 9SD

Leave the handover and at the top of Hurn Drove turn left. Run through the village of Welney turning left in New Road then right onto Main Road and run passed the Lamb and Flag public house (0.6miles).

Follow the road A1101 through the Wash. Once through the Wash you turn right at 1.4 miles into the stage and proceed along the A1101, a long straight road, for 1 mile. As the main road bears to the left, at Toll Corner House, you run straight on along the B1411 towards the village of Pymoor.

Run for a further 1.12 miles before turning left at Northfield Farm onto a farm track (Long Drove).



Stay on the farm track as it turns right – run past the farm (Head Fen Farm). You are now 4.8 miles into your run.

At the next junction turn right on Short Drove and follow the road under the railway bridge (5.52 miles in)



then turn left onto the drove.

The drove is 1.1 mile long and off road and at the end you will rejoin the road and go straight on. The road will bear left at Dunkirk Farm. Immediately before the next bridge(Dunkirk Bridge) turn to the right and leave the road (7.02 miles in) run on the farm land with the dyke to your left.



Cross the footbridge and proceed along the track to the village of Little Downham. From the bridge to the outskirts of Little Downham it is a little over 1 mile.

Towards the end of the track follow the signs that instruction you to turn right, left and then right again onto the path. As you enter the village turn left onto Eagles Lane (8.31 miles in) and proceed to the top of the road. CROSS THE ROAD with CARE and go down Chapel Lane.



(please note doors now painted grey)

in a hundred yards or so you come to another cross roads, again go over with CARE into Hurst Road



and proceed downhill. At the bottom of the road before follow the track to the left (9 miles in) that rises to the main road do NOT go straight on. At the main road turn right onto the A1411.

Follow the main road for another 1.13 miles until you see the signs directing you off the path and into the Sports complex and onto to the finish.

When leaving the A1411 to turn into the sports complex **TAKE EXTREME CARE** as cars will be exiting where you are entering.



Once you have left Downham Road and turned into the side road cross the road with care so that you can run on the path. At the end of the path there is a zebra crossing as shown below – please use this to cross the busy exit from the Leisure Complex. **DO NOT RUN IN FRONT OF CARS WAITING AT THE JUNCTION.**



Once you have crossed the exit to the Leisure Complex there is a left turn to take you around the rugby pitch. A marshal will direct you.

