

| Team | Team Name | Athlete | Club | Category | M/F | Stage Time | Place |
|------|------------------------------------|--------------------|---------------------------|----------|-----|------------|-------|
| 73 | The Fit, the Fast and the Hungover | Dan Watts | March AC | V | M | 01:02:16 | 1 |
| 31 | Ryston Leverets | Callum Stanforth | Ryston Runners | S | M | 01:03:16 | 2 |
| 22 | Grange Farm & Dunmow | James Bosher | Grange Farm & Dunmow | S | M | 01:05:39 | 3 |
| 82 | E-Squad | Matt Everett | C-Squad | S | M | 01:06:40 | 4 |
| 6 | Hawks | Ollie Schofield | Saint Edmund Pacers | S | M | 01:08:48 | 5 |
| 65 | Dot Dot Dot Dash | Martin Jennings | Fenland RC | V | M | 01:08:49 | 6 |
| 53 | You can keep your trainers on | Mark Pople | Stamford Striders | S | M | 01:08:58 | 7 |
| 72 | Mudskippers | Alec Freeman | Ely Runners | S | M | 01:10:59 | 8 |
| 43 | Legs & Co | Alex Devine | Yaxley Runners | S | M | 01:11:22 | 9 |
| 16 | Ryston Runners B Team | Daniel Guppy | Ryston Runners | V | M | 01:12:57 | 10 |
| 13 | West Norfolk AC Hammer | Ben Collison | West Norfolk AC | V | M | 01:13:16 | 11 |
| 80 | B-Squad | Stu Maclaren | C-Squad | S | M | 01:13:25 | 12 |
| 32 | Ryston Ramblers | Phil Thompson | Ryston Runners | V | M | 01:14:03 | 13 |
| 9 | Magpies | Ben Jeffery | Saint Edmund Pacers | V | M | 01:14:30 | 14 |
| 18 | Dashing Dudes & Kanina | Tim Brammer | March AC | V | M | 01:15:08 | 15 |
| 61 | Yaxley Ultras | Daniel Holland | Yaxley Runners | S | M | 01:15:55 | 16 |
| 7 | Condors | Stuart King | Saint Edmund Pacers | S | M | 01:16:27 | 17 |
| 74 | Chariots on Fire | Andy Long | Stowmarket Striders | V | M | 01:17:08 | 18 |
| 21 | C&C Scrambled Legs 2023 | Chris Greico | Cambridge & Coleridge | S | M | 01:17:09 | 19 |
| 15 | Team Trackless Men | Gary Bligh | Team Trackless | V | M | 01:17:12 | 20 |
| 29 | Ryston Fed Club 4 | Chris Chaplin | Ryston Runners | S | M | 01:17:16 | 21 |
| 33 | Mums On The Run | Toni Alcaraz | March AC | V | F | 01:17:52 | 22 |
| 4 | Kestrals | Gem Carter | Saint Edmund Pacers | V | F | 01:18:05 | 23 |
| 79 | A-Squad | Victoria Coe-Hales | C-Squad | V | F | 01:18:36 | 24 |
| 48 | Striders Legends | Alan Taylor | Saffron Striders | V | M | 01:19:34 | 25 |
| 52 | Thorney Running Club | Phillip Neacy | Thorney Running Club | V | M | 01:21:28 | 26 |
| 23 | Team Tiny Tits | Michelle Brown | Team Trackless | S | F | 01:21:29 | 27 |
| 50 | The Young Men of CTC | Oliver Martinez | Cambridge Triathlon Club | V | M | 01:22:42 | 28 |
| 71 | The Flat Werthers | Tony Kirby-Cook | Ely Runners | V | M | 01:22:59 | 29 |
| 81 | D-Squad | Luke D'Arcy | C-Squad | V | M | 01:23:10 | 30 |
| 67 | Team TT TT | Tom Richards | Fenland RC | V | M | 01:24:23 | 31 |
| 56 | Tail-as-Swift | Andrew Wade | Stamford Striders | V | M | 01:25:29 | 32 |
| 69 | The Mongooses | Emily Salt | Ely Runners | S | F | 01:25:42 | 33 |
| 84 | A Few Good Runners | Jason Blackwell | Kings Lynn Triathlon Club | V | M | 01:25:53 | 34 |
| 3 | Buzzards | Lara Pocock | Saint Edmund Pacers | V | F | 01:25:54 | 35 |
| 8 | Ospreys | Tom Hoblyn | Saint Edmund Pacers | V | M | 01:26:16 | 36 |
| 58 | Striding through the mud | Richard Mardling | Stamford Striders | V | M | 01:26:22 | 37 |
| 54 | Here come the girls | Lucy McLennan | Stamford Striders | V | F | 01:27:44 | 38 |
| 27 | Ryston Mid Tables | Tony Savage | Ryston Runners | V | M | 01:28:04 | 39 |
| 11 | PANVAC | Alison Staines | PANVAC | V | F | 01:28:13 | 40 |
| 62 | Fiona and the Fellas | Mark Sheldon | Sawtry Walk to Run | V | M | 01:28:38 | 41 |
| 41 | C&C B Team | Ana Gonzalez Rueda | Cambridge & Coleridge | V | F | 01:28:56 | 42 |
| 70 | Kajagoogoo | Neil Krajewski | Ely Runners | V | M | 01:29:09 | 43 |
| 34 | Longs Legs | James Arran | March AC | V | M | 01:29:12 | 44 |
| 2 | Eagles | Ian Gooderham | Saint Edmund Pacers | V | M | 01:29:19 | 45 |
| 36 | Are We There Yet? | Kersten Muller | Team Trackless | V | M | 01:30:02 | 46 |
| 40 | Bourne to be wild | Jon Spencer | Bourne Town Harriers | V | M | 01:30:11 | 47 |
| 76 | Marathon Men | Peter Warland | Stowmarket Striders | V | M | 01:30:43 | 48 |
| 42 | C&C SpARKler | Anna Broughton | Cambridge & Coleridge | S | F | 01:31:11 | 49 |
| 19 | Sporty Spices | Dani Sparkes | Team Trackless | S | F | 01:32:11 | 50 |

| Team | Team Name | Athlete | Club | Category | M/F | Stage Time | Place |
|------|-----------------------------------|--------------------|----------------------------------|----------|-----|------------|-------|
| 1 | Falcons | Bryan Churchman | Saint Edmund Pacers | S | M | 01:32:46 | 51 |
| 26 | Harling Athletic Club | James Grantham | Harling AC | V | M | 01:33:24 | 52 |
| 46 | Yaxley Badgers | Steve Megson | Yaxley Runners | V | M | 01:34:13 | 53 |
| 57 | Going for Gold | Marc Burden | Stamford Striders | V | M | 01:34:18 | 54 |
| 5 | Harriers | Jane Wall | Saint Edmund Pacers | V | F | 01:34:30 | 55 |
| 63 | Linda and the Lads | David Bartle | Sawtry Walk to Run | V | M | 01:35:20 | 56 |
| 14 | SAD RC Nomads | James Willis | Skegness & District | V | M | 01:36:46 | 57 |
| 66 | Also R.A.N.S | Jac Richards | Fenland RC | V | F | 01:36:47 | 58 |
| 10 | Owls | Claire Brown | Saint Edmund Pacers | V | F | 01:37:21 | 59 |
| 49 | Knowles Transport | Andri Pittoch | Unattached | V | M | 01:37:29 | 60 |
| 37 | C&C Fun Team A | Romane Thomas | Cambridge & Coleridge | S | F | 01:38:06 | 61 |
| 28 | Ryston Doe-Nuts | Pauline Drewert | Ryston Runners | V | F | 01:39:01 | 62 |
| 47 | BRJ Team 1 | Kerry Surkitt | BRJ Run & Tri | V | F | 01:39:25 | 63 |
| 44 | Bushy Bound To Get Lost | Kathleen Miller | Bushfield Joggers | V | F | 01:41:20 | 64 |
| 55 | Wayne's World - Party on Striders | Janie Buck | Stamford Striders | V | F | 01:41:43 | 65 |
| 59 | 4 Fenland Adventurers | Caroline Robertson | Stamford Striders | V | F | 01:42:14 | 66 |
| 30 | Ryston Rabbits | Stuart Martin | Ryston Runners | V | M | 01:44:39 | 67 |
| 38 | Legs Misrables | Lorraine Parker | Three Counties | V | F | 01:44:55 | 68 |
| 20 | Beauties & The Beast | Naomi Smith | Three Counties | V | F | 01:45:09 | 69 |
| 24 | Limpers By Nature | Mark Edwards | Longstanton & Northstowe Limpers | V | M | 01:45:13 | 70 |
| 45 | It's Windy In Skeg | Kirsty Boulton | Skegness & District | V | F | 01:46:33 | 71 |
| 83 | Stortford Spitfires | Ian Penson | Bishop Stortford Running Club | V | M | 01:46:55 | 72 |
| 17 | Kai's Krew | Joanne Edwards | March AC | V | F | 01:50:43 | 73 |
| 78 | Beards Among Men | Scott Bywater | March AC | V | M | 01:51:01 | 74 |
| 25 | Limpers By Name | Laurence Lamarcq | Longstanton & Northstowe Limpers | V | F | 01:55:03 | 75 |
| 60 | Eyeway to Hell | Karl Bates | Eye Community Runners | S | M | 01:55:06 | 76 |
| 68 | Not only, but also r'Ann's | Ian King | Fenland RC | V | M | 01:58:46 | 77 |
| 64 | Zippy Zimmers | Peter Wenzel | Bishop Stortford Running Club | V | M | 02:01:15 | 78 |
| 77 | Run Lola Run | Claire Maskery | Stowmarket Striders | V | F | 02:01:18 | 79 |
| 39 | Bourne to be mild | Alison Burton | Bourne Town Harriers | S | F | 02:03:57 | 80 |
| 75 | The Forrest Gumps | Caroline Gladwell | Stowmarket Striders | V | F | 02:15:15 | 81 |
| 35 | 3 Men & A Little Lady | Mandy Walker | Bushfield Joggers | V | F | 02:32:19 | 82 |