

Hereward Relay 26th January 2025

Stage 3 - Results

| Team | Team Name | Athlete | Stage Time | Place |
|------|---|----------------------|------------|-------------------|
| | 21 Age after Beauty | Glen Watts | 01:11:51 | 1 First Man |
| | 68 Men 1 | Paul Brear Clarkson | 01:15:08 | 2 |
| | 56 C&C Hereward Lovers | James Mabon | 01:16:45 | 3 |
| | 90 Rage Against the cardio machine | Darren Wells | 01:20:45 | 4 |
| | 14 St Edmund Pacer Vultures | Scott Williams | 01:22:05 | 5 |
| | 65 Motley Shoe | Steve Beasley | 01:22:12 | 6 |
| | 43 Jemima Muddleducks | Martin Jennings | 01:22:33 | 7 First Vet Man |
| | 41 The Banksy mud rats | Sean Banks | 01:23:08 | 8 |
| | 85 C-Squad 2 | Stuart McClaren | 01:23:27 | 9 |
| | 52 The Nick Harding legs appreciation society | Simon Carr | 01:23:35 | 10 |
| | 86 C-Squad 3 | Chris Sewell | 01:23:56 | 11 |
| | 57 The Greyhound & the hares | Nicholas Bensley | 01:24:15 | 12 |
| | 13 St Edmund Pacer Owls | Chris Mower | 01:24:58 | 13 |
| | 91 Min's Minions | Kayleigh Longfoot | 01:25:22 | 14 First Lady |
| | 79 The Fed-Up Club | Gareth Hunt | 01:28:17 | 15 |
| | 66 Ladies 1 | Elizabeth Freeman | 01:28:23 | 16 |
| | 15 St Edmund Pacer Hawks | Gem Carter | 01:28:26 | 17 First Vet Lady |
| | 38 Team Trackless Men 2 | Richard Baggott | 01:29:54 | 18 |
| | 11 St Edmund Pacer Ospreys | Vince Webb | 01:30:13 | 19 |
| | 70 Mostly Oldies | Noa Matsushita | 01:30:17 | 20 |
| | 28 Scrambled Legs | Rosie Lindsay | 01:30:41 | 21 |
| | 83 St Edmund Pacer Buzzards | Ady Frost | 01:30:45 | 22 |
| | 77 Young Men of CTC | Ned Hoyle | 01:30:58 | 23 |
| | 72 Thumbs up for the Mullet Express | Serge Lambert | 01:31:09 | 24 |
| | 1 Bourne to be Wild | Alex O'Keeffe | 01:31:52 | 25 |
| | 31 4T's | Michelle Brown | 01:32:47 | 26 |
| | 3 Bourne to be Smiled | Tom Comben | 01:33:11 | 27 |
| | 75 Thorney Team 2 | Richard Coles | 01:34:28 | 28 |
| | 93 Knowles Transport | Oliver Hubbard | 01:34:35 | 29 |
| | 37 BRJ 3 Men and a Baby | Stuart Hathaway | 01:35:01 | 30 |
| | 17 St Edmund Pacer Eagles | Matt King | 01:35:04 | 31 |
| | 5 Pimp my stride | Charlie Buttriss | 01:35:22 | 32 |
| | 54 WNAC Hammer | Martin Koenigsberger | 01:35:47 | 33 |
| | 96 The Nuggets | David Burgess | 01:35:59 | 34 |
| | 25 Short, Back and Strides | Mark Sheldon | 01:36:04 | 35 |
| | 10 St Edmund Pacer Penguins | Emily Gooderham | 01:36:45 | 36 |
| | 12 St Edmund Pacer Songthrush | Natasha Michael | 01:37:05 | 37 |
| | 27 Team Trackless Men | Steve Bennington | 01:37:07 | 38 |
| | 51 Vicky and the Vikings | Nick Wells | 01:37:11 | 39 |
| | 6 Pace Setters United | Ben Gladwell | 01:37:19 | 40 |
| | 9 Fleet of Foot | Kevin Coleman | 01:37:25 | 41 |
| | 101 CTC ya later | Tim Davies | 01:37:25 | 42 |
| | 104 Running Late | Toni Alcaraz | 01:38:01 | 43 |
| | 98 We must be mad, we were promised cake | Ross Goodchild | 01:38:31 | 44 |
| | 45 Masher's Mud Tag | Tom Richards | 01:38:37 | 45 |
| | 23 Headless Chickens | Nicholas Boxhall | 01:39:34 | 46 |
| | 35 Premature Acceleration | Felicity Baillie | 01:39:59 | 47 |
| | 22 Only Fools and Courses | Mark Simmons | 01:40:06 | 48 |
| | 47 Coles Collectables | Mike Boxall | 01:40:37 | 49 |
| | 29 Longs Legs | Walter Beldom | 01:40:57 | 50 |
| | 39 Save our Garys | James Perry | 01:41:10 | 51 |
| | 8 Swift Striders | Neil Dennis | 01:41:24 | 52 |
| | 7 Suffolk Stamina Squad | Piers Morgan | 01:42:06 | 53 |
| | 18 St Edmund Pacer Woodpeckers | Mark Lewis | 01:42:23 | 54 |

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| | | | |
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| 84 C-Squad 1 | Elisa Fields | 01:43:30 | 55 |
| 108 Threelamders | Craig Freestone | 01:43:51 | 56 |
| 69 Men 2 | Jason Clarke | 01:44:16 | 57 |
| 67 Ladies 2 | Laura Todd | 01:44:20 | 58 |
| 107 NiceTri 3 | Paul Newell | 01:44:51 | 59 |
| 49 Striding Bog Dogs | Laura Bailey | 01:45:02 | 60 |
| 92 Wii Not Fit | Jimmy Morrell | 01:45:03 | 61 |
| 103 C&C Seconds | Dan Warner | 01:45:27 | 62 |
| 87 Lanky Legs and Little Legs | Andrew Wool | 01:45:38 | 63 |
| 82 Limpers by Nature | Ed Taylor | 01:46:07 | 64 |
| 64 It's a Runderful Life | Lisa Box | 01:47:47 | 65 |
| 33 St Edmund Pacer Kites | Stephen Hatten | 01:48:25 | 66 |
| 19 St Edmund Pacer Kestrels | Ryan McNeill | 01:48:47 | 67 |
| 4 Bjourne Again | Richard Collins | 01:49:14 | 68 |
| 73 Mixed | Justin Smith | 01:49:38 | 69 |
| 74 Thorney Team 1 | Jordan Beldom | 01:49:57 | 70 |
| 42 Queens of the Mud Age | Ann Trett | 01:50:49 | 71 |
| 32 St Edmund Pacer Harriers | Claire Brown | 01:52:04 | 72 |
| 94 Perky, Sam and the Chuckle Brothers | Sam Hodson | 01:52:59 | 73 |
| 55 WNAC Sprint | Samantha Stringer | 01:53:25 | 74 |
| 89 Kings Lynn Triathlon Club | Chris Playford | 01:53:28 | 75 |
| 48 Stamford Frostbite Exiles | Sarah Sharp | 01:55:44 | 76 |
| 40 Worst Pace Scenario | Serena Heading | 01:55:59 | 77 |
| 16 St Edmund Pacer Falcolns | Bryan Churchard | 01:56:45 | 78 |
| 105 NiceTri 1 | Jason White | 01:57:23 | 79 |
| 50 Team-Fabulous | Charlie Noble | 01:58:02 | 80 |
| 88 Ready Deady Go | Tina Lambert | 01:58:16 | 81 |
| 44 Heremud the walk | Adrian Searle | 02:00:00 | 82 |
| 61 Not Fast or Furious | Lorraine Parker | 02:06:49 | 83 |
| 60 Peaking too Soon! | Tracy Adams | 02:08:49 | 84 |
| 95 Eye Like a Challenge | James Constable | 02:09:27 | 85 |
| 30 Legs and Joe | Kirstin Homewood | 02:09:56 | 86 |
| 106 NiceTri 2 | Alison Short | 02:10:33 | 87 |
| 71 Stortford Over 70s | Andrew Wilson | 02:12:12 | 88 |
| 102 Never too much mud | Morag Hunter | 02:14:31 | 89 |
| 46 Kai's Krew | Wendy Harrison | 02:16:04 | 90 |
| 81 Limpers by Name | Martin Reilly | 02:23:42 | 91 |
| 26 Sporty Spices | Heidi Smith | 02:29:44 | 92 |
| 2 Bourne to be Mild | Carole Sands | 02:39:20 | 93 |
| 97 Ooh I lost my ambulance | Sonia Whitham | 02:44:47 | 94 |
| 100 You can call me Al | Simon Hargraves | 02:44:57 | 95 DNF |